## Protected by PUREWORKS

## With the H1N1 Flu cases escalating over the past weeks, one should know...

 Is it the flu or just a cold?$\left.\begin{array}{r|l|l}\hline \text { SYMPTOM } & \text { COLD } & \text { H1N1 FLU } \\ \hline \text { FEVER } & \text { Fever is rare with a cold. } & \begin{array}{l}\text { A temperature of } 100^{\circ} \mathrm{F} \\ \text { or higher for 3 to 4 days } \\ \text { is usually associated with } \\ \text { the flu. }\end{array} \\ \text { COUGHING } & \begin{array}{l}\text { A hacking, mucus- } \\ \text { producing cough is often } \\ \text { present with a cold. }\end{array} & \begin{array}{l}\text { A non-mucus- } \\ \text { producing cough } \\ \text { (dry cough) is usually } \\ \text { present with the flu. }\end{array} \\ \text { ACHES } & \begin{array}{l}\text { Slight body aches and pains } \\ \text { can be part of a cold. }\end{array} & \begin{array}{l}\text { Severe aches and pains are } \\ \text { common with the flu. }\end{array} \\ \text { STUFFY NOSE } & \begin{array}{l}\text { Stuffy nose is common } \\ \text { with a cold and typically } \\ \text { resolves within a week. }\end{array} & \begin{array}{l}\text { Stuffy nose is not } \\ \text { commonly present } \\ \text { with the flu. }\end{array} \\ \text { TIREDNESS } & \begin{array}{l}\text { Chills are uncommon } \\ \text { with a cold. }\end{array} & \begin{array}{l}\text { 60 percent of people who } \\ \text { have the flu experience } \\ \text { chills. }\end{array} \\ \text { Siredness is fairly mild } \\ \text { with a cold. } \\ \text { SUEEZING } & \begin{array}{l}\text { Siredness is moderate to } \\ \text { Sneezing is commonly } \\ \text { present with a cold. }\end{array} & \begin{array}{l}\text { Sneezing is not common } \\ \text { sith the flu. }\end{array} \\ \text { SYMPTOMS } & \begin{array}{l}\text { Cold symptoms tend to } \\ \text { develop over a few days. }\end{array} & \begin{array}{l}\text { The flu has a rapid onset } \\ \text { within 3-6 hours, hitting } \\ \text { hard including sudden } \\ \text { symptoms like high fever, }\end{array} \\ \text { aches and pains. }\end{array}\right\}$

## HOW DO PUREWORKS ${ }^{\circledR}$ PRODUCTS KILL GERMS?

All of the PureWorks® products contain the powerful disinfectant active ingredients called quaternary ammonium compounds or "QUATS." QUATS are positively charged molecules with relatively long hydrophobic "tails." These molecules destroy bacteria by destroying their outer membranes and literally dissolving bacteria. At lower concentrations, QUATS interfere with normal membrane function, rapidly killing the bacteria. QUATS kill viruses by binding to their external coats, preventing normal function or even denaturing their protective coatings. QUATS are highly effective, quick-acting germicidal agents that are not toxic to humans or animals.*

